Understand Smart Objects

Smart Objects are layers that contain image data from raster or vector images, such as Photoshop or Illustrator files. Smart Objects preserve an image's source content with all its original characteristics, enabling you to perform nondestructive editing to the layer.

In Photoshop CC and CS6, you can embed the contents of an image into a Photoshop document. In Photoshop CC, you can also create Linked Smart Objects whose contents are referenced from external image files. The contents of a Linked Smart Object are updated when its source image file changes.

Source by :
https://helpx.adobe.com/photoshop/using/create-smart-objects.html

How to Insert Picture With Smart Objects

01. For Double Click on tumbnail the smart objects show a new page!

02. Now Paste your image and Resize it by pressing (Ctrl+T) & save it.!

03. After finishing all of your edit. Just save the file (Ctrl+S)!

TUMBNAIL SMART OBJECT

LAYERS	CHANNELS	PATHS

Normal — Opacity: 100%

Lock: ☒ ✎ ✛ 🔒   Fill: 100%

👁 ▶ 📁 Light

👁 ▼ 📁 Your Image Here

👁   Page 1 | Double Click Here

👁   Page 4 | Double Click Here

👁 ▶ 📁 01_ Bi Fold

👁 ▼ 📁 Background

👁   Noise Multiple

👁   Add Color Background

   Black Color Background